

# Eastern 4-H Center School Field Trip Program Planning Checklist

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## Science Related:

- Swamp Studies
- Microscope Mania
- Sound Study and Crabbing
- Forestry 101
- Advance Forestry
- Properties of Water
- Adaptable Animals
- Ecological Connections
- Black Bear Biology

## Recreation:

- Archery
- Crafts
- GaGa Ball
- Canoeing/Kayaking
- Nine Square
- Capture the Flag
- Field Games
- Kickball
- Flickerball

## Group Building / Leadership Skills:

- Team Challenge Course
- The Beast (communication experience)
- Trust Trip
- Catapult (communication experience)

## Evening Programs:

- Action Auction
- Catapult (communication experience)
- Campfire
- Capture Flag
- Nocturnal Nature
- The Beast (communication experience)
- Zingers
- Karaoke
- Dance Party
- Bingo

## Adventure:

- Climbing Tower (All grades)
- Giant Swing (6 – 12 grades)

**Note:** Not available in cold temperatures,  
high winds or rain



**NC STATE**

EXTENSION