

Eastern 4-H Center School Field Trip Program Planning Checklist



Science Related:

- Swamp Studies
- Microscope Mania
- Sound Study and Crabbing
- Forestry 101
- Advance Forestry
- Properties of Water
- Adaptable Animals
- Ecological Connections
- Black Bear Biology

Recreation:

- Archery
- Crafts
- GaGa Ball
- Canoeing/Kayaking
- Nine Square
- Capture the Flag
- Field Games
- Kickball
- Flickerball

Group Building / Leadership Skills:

- Team Challenge Course
- The Beast (communication experience)
- Trust Trip
- Catapult (communication experience)

Evening Programs:

- Action Auction
- Catapult (communication experience)
- Campfire
- Capture Flag
- Nocturnal Nature
- The Beast (communication experience)
- Zingers
- Karaoke
- Dance Party
- Bingo

Adventure:

- Climbing Tower (All grades)
- Giant Swing (6 – 12 grades)
- High Ropes/Zipline (8 – 12 grades)

Note: Adventure program not available
in cold temperatures, high winds or rain



NC STATE

EXTENSION